



"It is always the same with mountains. Once you have lived with them for any length of time, you belong to them. There is no escape."

- Ruskin Bond, Rain in the Mountains

Uttaranchal Association of North America (UANA)



Partner Organisation:

Uttarakhand Foundation

501(C) (3) Non-Profit Organization



2017 UANA. Annual Convention
Baltimore, MD – July 21-22, 2017

Dear Friends,

On behalf of the Uttaranchal Association of North American, I welcome you all to the 2017 UANA Annual Convention. We have had a one year break in our conventions, so the 2017 Convention provides us an opportunity to reconnect and also welcome new members.

While there has been a break in the convention schedule, the work of UANA in Uttarakhand has been ongoing and actually we have increased our footprint and expanded our activities and projects in Uttarakhand. In the following pages, we provide details of the many exciting projects that we are engaged in Uttarakhand and the strong impact they are making.

As you are aware, we have had no major funding drive in the last two years resulting in a serious draw down of the funds available to the organization. To build a portfolio of sustainable high-impact projects as well as mount an effective convention, we need strong funding. I request all our stakeholders to donate generously for this noble cause.

Our goal for this convention is to bring everyone closer together and hopefully learn about the true meaning of “Pahari” from our workshops, cultural program and from each other. At this convention, we encourage each one of us to engage with others we do not know from before and strengthen the common thread that binds us. We truly thank everyone for participating in our convention this year, and hope you have a wonderful experience.

Sincerely,

Pritam Dimri
President, Uttaranchal Association of North America



2017 UANA Convention and Cultural Show **July 21-22, 2017, Baltimore Maryland**

Friday, July 21, 2017 Welcome and Registration [**At Best Western Plus Hotel and Conference Center**]
Early Bird Reception and Social Mixer (Karaoke)

Saturday, July 22, 2017 12:30pm – 3:30pm
Seminar – UANA Projects presented by UANA Outreach Committee
General Body Meeting
Working Lunch
Evening programs (7:30pm – 12:30pm)
Cultural Program
Reception Gala Extravaganza [Chesapeake Ball Room]

Convention Hotel: Best Western Plus Hotel and Conference Center
5625 O'Donnell Street, Baltimore,
MD 212242
Rates: \$129.00/night. (Deluxe continental breakfast is included in the room rate.)
The group rates are only valid until July 1st 2017. Booking link:
<http://book.bestwestern.com/bestwestern/groupSearch.do?groupId=L62DJ4I3&propertyId=21035>
Hotel provides complimentary shuttle service to Baltimore Harbor – 3 miles away.

Convention Registration

Convention Registration Rates: \$50 individual; \$175 family registration
(Registration includes Friday evening social; GBM lunch; cultural event; and dinner)

Donations & Advertising

We try our best to keep registration costs low to make it affordable for all to attend. However, registration proceeds are only sufficient to cover a portion of the convention costs and we greatly appreciate any donations. Moreover, any additional proceeds received above the convention costs are directed to support our Outreach efforts in Uttarakhand. If you are in a position to do so, please donate generously.

If you own a business or have friends that own businesses please encourage them to advertise in our convention brochure. If you are interested in donating, placing an ad, or have any leads, please contact us at Convention@Uttaranchal.org. Fund raising is a difficult and often thankless job so please be generous and treat them gently when our fund raising committee members call or approach you for donations. **Donating is simple and the same link can be used to register for the convention and donate** https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=6LMPJSXWQNEBL. All your contribution are tax deductible and should be directed to **Uttarakhand Foundation**, our 501c (3) entity set up for investing in projects in Uttarakhand. You can make contributions in the following four categories: Platinum: \$1000; Gold: \$500; Silver: \$250; Bronze: \$100. Any contribution of \$250 and more automatically covers the convention charges.

Confirmations

We would greatly appreciate if you could confirm your participation including arrival date, number of people in your party at Convention@Uttaranchal.org. This will greatly help us in our planning for the convention. Additionally, any queries can also be sent at the above e-mail address.

Cultural Program

We encourage broad participation, if you or your family/friends would like to perform in the program, please contact, Geeta Pandey (gpant_2001@yahoo.com) or Smita Rana (smita.usts@gmail.com) our culture program coordinators.

UANA Outreach Gallery



Mission

UANA is a non–profit organization that leverages community cohesion in North America and partnerships to drive social, educational, and health awareness initiatives in the Uttarakhand region of India.



UANA draws upon the shared goals and cultural values within its community, friends, and supporters in advancing initiatives both in Uttarakhand and locally where our members live and work. In Uttarakhand, the focus of programs is on facilitating educational and life opportunities for youth, and on health and medical awareness events in rural areas, all targeted towards traditionally under–served populations.

UANA collaborate with other organizations based in India, such as Timli Vidyapeeth, VOICE4GIRLS, SEWA-THDC, Ekal Vidyalaya, Himalaya Trust, DPMI, Regional Schools, Colleges and Universities with aligned objectives, to facilitate its many programs in Uttarakhand.

All UANA Programs are managed by local volunteers. UANA also organizes drives that contribute to local charitable organizations and natural disaster relief efforts. In these as well as other mentoring and volunteering initiatives, UANA strives to instill the spirit of service among youth.



Be a part of the change...

Funds

All our projects are funded by donations. Donate Funds to support our initiatives in Uttarakhand. You can donate using Paypal to Uttarakhand Foundation or send a check drawn to Uttarakhand Foundation. Uttarakhand Foundation is a registered 501c (3) and all donations are tax deductible.

https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=6LMPJSXWQNEBL

Or send check drawn to “Uttarakhand Foundation” to: Total Business Services, C/O Kishore Pandey – UANA Treasurer, 5641 Burke Center Pkwy, Suite 205, Burke, VA 22015.

Sponsor an Outreach Project

Sponsor our Outreach Projects

Sponsor a project in your village

Sponsor a project in your village

Be a part of Project Management Committee

Join our initiatives and contribute your professional services

Other Ideas

Suggestions, Feedback, participation....



Educational Programs

UANA with our education partner Timli Vidyapeeth, organized several educational and career awareness camps for government school students at following 10 districts. Large number of students participated in these camps and programs of UANA are now very well recognized at local level.

- Dehradun
 - Rishikesh
 - Tehri
 - Pauri
 - Chamoli
 - Rudraprayag
 - Haldwani
 - Nainital
 - Almora
 - Pithoragarh
- **7 Days Coeducational**
Number of Camps : 65
Campers : 4200
 - **15 Days Girls Camps**
Number of Camps : 35
Campers : 1100
 - **5 Days Counselors Training**
Number of Camps : 15
Counselors Trained : 400

In July 2015, UANA initiated **International Essay Competition** to surge the awareness among students of Uttarakhand, United States and Canada. More than 700 students participated from 15 Schools.

Photographs and videos of our summer and winter camps are available at:

www.facebook.com/UANA.USA



Uttarakhand Flood Relief

Phase I:

Immediate relief was provided to victims and their families by partnering with local organizations to provide essential needs. (Food/Medicine/School and Relief Supplies)

Phase II:

Making most impact by reaching out to victims and their families directly (Solar-Lamps/Water-Filter/Warm-Clothing/Blankets)

Phase III:

We are committed to provide long-term sustainable solutions to re-build our Uttarakhand through various innovative programs - Disaster Management Camp, Mid-Wife Training Camps, UANA Green Initiatives and Quality Education to rural students

Medical camps at Bageshwar:

6 medical camps were organized at Bageshwar where more than 500 got their health check-up and people benefitted

Disaster Management camp/ Mid-Wife Training camps:

- 10 day Disaster Management Camp was organized at Pithoragarh in Nov 2013 where skills related to rescue and survival was provided
- 5 day Mid-wife training camp was organized at Uttarkashi during May 2014 where 15 women participated and learnt mid-wife skills

Health Status Survey:

Interns from VOICE4GIRLS visited multiple regions of Pauri and Tehri and collected data related to health status and awareness of local villages. This survey provided interns an opportunity to interact with locals and to understand health status of the people of covered regions



Trained Birth Attendant Program

Sponsored by UANA

Conducted by Rural Development Inst. (HIHT)

Duration 5 Days

The midwife is recognized as a responsible and accountable professional who works in partnership with women to give the necessary support, care and advice during pregnancy, labor and the postpartum period, to conduct births on the midwife's own responsibility and to provide care for the new mother and the infant.

Roles and responsibilities

- Identifying and strengthening the relations with the Pregnant women to guide and mentor them through the entire period of pre and post pregnancy
- Preparations for a safe and hygienic delivery
- Process and Importance of breast feeding
- Importance of vaccinations and guidelines to complete all vaccinations pre and post pregnancy of mother and child
- Family Planning

The Mid-wife was also asked to put forward their suggestions and expectations from the training. Following are the suggestions received from the trainees

New updates on delivery process

Listen to their grievances and suggestions to enhance and motivate them further for their work. Mid-wives wanted to share their experiences and receive suggestions for betterment of their work. Provided upgraded Mid-wife kits and an interactive session was held on the role play of mid-wives in with the pregnant women of the community.



Green Initiatives

UANA initiated a sustainable vegetable project in Rudraprayag district with locals in 2014. We have divided this project in multiple phases and currently third phase is in progress. Results of phase one and two were overwhelming and other known social organizations have noted our efforts in Fatehpur, Rudraprayag district of Uttarakhand.

Phase I

- Site Address : Fetehpur, Rudraprayag
- Total agriculture land used : 1800 sq. meters
- Vegetable seed type : Ladyfinger, Eggplant, Gherkin, Coriander and Radish
- Total farmers engaged : 09 (Nine)
- Cost of seeds etc. : 8,000 (INR)
- Maintenance cost : 4,000 (INR)
- Net Profit : 70,000 (INR)

“UANA is committed to empower farmers of Uttarakhand and would continue to support farmers for a sustainable competitive advantage”

Phase II

- Total agriculture land used : 4,000 sq. meters
- Vegetable seed type : Cabbage (approx. 14,000 seeds)
- Total farmers engaged : 16 (Sixteen)
- Cost of seeds etc. : 10,000 (INR)
- Maintenance cost : 5,000 (INR)
- Net Profit : 125,000 (INR)

Phase III

- Total agriculture land used : 7,000 Sq. Meters
- Vegetable seed type : Ladyfinger, Eggplant, Coriander Cucumber and Tomato
- Total farmers engaged : 35 (Thirty Five)
- Cost of seeds etc. : 20,000 (INR)
- Maintenance cost : 5,000 (INR)
- 3 additional sites added in 2016-2017



New UANA Initiatives: 2016-17

Kitaab Camps

- UANA has teamed up with Kitaab, www.kitaab.com, a NGO started by students in Delhi University that aims to spread the magic of books among children.
- Kitaab conducted multiple camps in 3 district (Nainital, Pithoragarh, Pauri) in May (27-June 5th) 2017 in Uttarakhand to cultivate confidence, articulation, reading and writing skills and activity based learning among children.

UANA Outreach Workshops in Uttarakhand

- To develop local capability to support UANA sponsored projects, UANA is organizing Outreach workshops in Uttarakhand. Goals are to support career oriented programs/Skill Development and provide continuous skill development programs for local coordinators.
- Some initiatives:
 - UANA Outreach Workshop @ Srinagar- 2016 - Uttarakhand - All UANA coordinators and volunteers participated
 - UANA Outreach Workshop @ Pauri - 2017
 - Skill Development Program at HNBGU – 7 days workshop

Member Initiated Projects

- Antara Dabral and her family traveled to their ancestral village, Timli and conducted a project with the support of UANA. See video,

<https://drive.google.com/file/d/0BwpD1LWn0e3oeFNGczBnbUdhY3c/view>



UANA Outreach Gallery



समर कैंप का स्कूली बच्चों ने खूब उठाया लुत्फ

संवाददाता

@dainikuttaranchaldeep.com

बेतालघाट। सरस्वती विद्या मंदिर बेतालघाट में आयोजित दस दिवसीय समर कैंप का समापन हो गया है। सरस्वती विद्या मंदिर बेतालघाट में उत्तरांचल एसोसिएशन ऑफ नार्थ अमेरिका के सहयोग तथा किताब क्लब दिल्ली द्वारा संचालित दस दिवसीय कैंप में 80 छात्र-छात्राओं ने प्रतिभाग किया।

इन्हें दिल्ली विश्वविद्यालय में अध्ययनरत छात्र-छात्राओं ने विभिन्न प्रकार के खेलों की नई-नई बातें सिखाईं तथा कैरियर काउंसिलिंग हेतु विभिन्न टिप्स दिए। अंग्रेजी का ज्ञान भी कराया व सरल विधि से नए-नए शब्दों को सिखाने की विज्ञान जागृत की। प्रतिवार विक्टर व समर कैंप का



समर कैंप के समापन पर स्कूली छात्र-छात्राएं।

आयोजन इस विद्यालय में किया जाता है जिसका उद्देश्य ग्रामीण क्षेत्रों के बच्चों को आगे बढ़ाना है। कैंप में बच्चों को प्रोजेक्टर पर मूवी दिखा कर पर्यावरण की

जानकारी भी दी गई। समर कैंप में बच्चों का आनंद देखने लायक था। सभी बच्चे काफी खुश नजर आ रहे थे। शिक्षकों अभिभावकों से बच्चों की उचित मार्गदर्शन देने का

आयोजन

दस दिवसीय शिविर का समापन

आग्रह किया गया। कैंप के संयोजक विद्यालय के प्रधानाचार्य भैरव दत्त सत्यवाली ने ऊना तथा किताब क्लब का आभार जताया।

साथ ही क्षेत्र के अभिभावकों व विद्यालय प्रबंध समिति ने इस निःशुल्क कैंप के लिए विद्यालय के संरक्षक ऊना के सदस्य शिवराज सिंह बोहरा तथा ऊना और किताब क्लब का आभार व्यक्त किया। प्रशिक्षण सुमन मिश्रा लता नेगी, मानसी, चारु सिन्हा, अभिलाषा, कौल मेधा, परीक्षा कीर्ति तथा आकांक्षा गुप्ता ने दिया। यह सभी दिल्ली विश्वविद्यालय में अध्ययनरत हैं।



समर्थ ने बदली बच्चों की दुनिया

पांच दिनी यूथ डेवलपमेंट प्रोग्राम में 500 बच्चों को पढ़ाया भविष्य संवारने का पाठ
अमर उजाला ब्यूरो

देहरादून। तिमली विद्यापीठ और उत्तरांचल एसोसिएशन ऑफ नार्थ अमेरिका की ओर से पांच दिवसीय यूथ डेवलपमेंट प्रोग्राम-समर्थ ने बच्चों की दुनिया बदल दी है। समर्थ प्रोग्राम के अंतर्गत ट्रेनिंग लेने वाले बच्चे अब भविष्य में अपना खुद का व्यवसाय शुरू करके पहाड़ से पलायन रोकने का संकल्प लिया है।

तिमली विद्यापीठ के आशीष डबराल ने बताया कि यह प्रोग्राम प्रदेश के पीड़ी गढ़वाल, रुद्रप्रयाग, चमोली, पिथौरागढ़ और नैनीताल जिले के 16 स्कूलों में पांच दिवसीय यूथ डेवलपमेंट प्रोग्राम समर्थ चलाया गया, जिसमें 500 बच्चों को शामिल किया गया। बच्चों को विशेषज्ञों ने कंप्यूटर संकेपी जानकारी, उच्चाखंड में उच्च शिक्षा और व्यवसाय के अवसर, परसंनली डेवलपमेंट, लक्ष्य निर्धारण, वित्तीय जागरूकता आदि की जानकारी दी गई। उन्होंने बताया कि दिसंबर माह के अंत में श्रीनगर के विलता कैम्पस में तिमली



राजकीय इंटर कॉलेज बांगीधार में बच्चों के साथ तिमली विद्यापीठ के काउंसलरों की टीम।

तिमली विद्यापीठ, जगद्वल एसोसिएशन ऑफ नार्थ अमेरिका ने किया आयोजन

विद्यापीठ की ओर से 25 विरवविद्यालयों से आए 16 काउंसलरों को ट्रेनिंग दी गई। जिन्होंने बच्चों को प्रशिक्षण दिया। उत्तरांचल एसोसिएशन ऑफ नार्थ अमेरिका के रमेश पटवाल, रघुनन्द सकलानी, प्रोतम डिमरी, अशोक विल्डियल, मेहा डबराल, किरण जोशी का सहयोग रहा।

पहाड़ से पलायन रुके, इसी कोशिश में लगे हैं आशीष

एक वीडियो गुडगांव से गांव पहुंचने हे और बच्चों को पढ़ने-लिखने हे

आशीष डबराल सप्ताह में एक बार बच्चों को पढ़ाने के लिए गुडगांव से पीड़ी आते हैं। अमर उजाला ने उनके सामाजिक समर्थन के संबंध में 25 दिसंबर को प्रथम पेज पर खबर प्रकाशित की थी।

पहल: शीतकालीन अवकाश में सोसायटी बन रही बच्चों की मददगार

कौशल विकास के गुर सीख रहे छात्र

मानिता: उत्तरांचल सोसाइटी आफ नार्थ अमेरिका एवं विश्वमित्र सोसाइटी के तत्वाधान में विगत एक जनवरी से विकासखंड सल्ट के राईका बांगीधार में कौशल विकास शिविर जारी है। रथिवार को आयोजक संस्था द्वारा छात्र-छात्राओं को आंग्ल भाषा बोलना, पढ़ना लिखने का अभ्यास कराया गया।

संस्था के ब्लॉक अध्यक्ष सुरेश बिष्ट ने बताया कि यहां अभी तक सात शिविरों का सफल संचालन किया जा चुका है जोकि ग्रीष्म एवं शीतकालीन अवकाशों में ही कराये जाते हैं।

वर्तमान में छात्रों को नेतृत्व कौशल, रोजगार और करियर जानकारी के अतिरिक्त योग एवं स्वरोजगार के विभिन्न पहलुओं की जानकारी दी जा रही है। शिविर में उपस्थित समृद्ध जीवन मल्टी स्टेट के कार्यकारी अधिकारी सुजीत चौधरी एवं सदीप कुमार ने शिविर में निःशुल्क पुस्तकों के साथ छात्र-छात्राएं।



शिविर में निःशुल्क पुस्तकों के साथ छात्र-छात्राएं। जागरण व्यक्त किए। प्रशिक्षण में उपस्थित छात्रों को निःशुल्क पुस्तकें वितरित की गईं। इस दौरान मास्टर देवर सुरेश बिष्ट के साथ अंजू पटवाल, सुषमा बिष्ट, दीपा मेहता, हंसी रावत एवं पिकी छात्रों को प्रशिक्षण दे रहे हैं।



Donations

All projects are funded by donations. Donate generously to support our initiatives in Uttarakhand. You can donate using Paypal or send a check drawn to Uttarakhand Foundation. Uttarakhand Foundation is a registered 501c (3) and all donations are tax deductible.

https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=6LMPJSXWQNEBL

Or send check drawn to “Uttarakhand Foundation” to: Total Business Services, C/O Kishore Pandey – UANA Treasurer, 5641 Burke Center Pkwy, Suite 205, Burke, VA 22015.

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Brochure Design Credits:

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